

Family Events

Fun for all the family; before and throughout race day!

19th - 22nd JUNE

The Regal Cinema

Special Screening of "We are Triathletes"
Plus, many more family friendly movies.
Check www.regalcinema.ie for times



21st JUNE

Paddy Casey in Concert (7.30pm)

Hear one of Ireland's best-selling singer/songwriters,
Paddy Casey in a unique Church setting.
Tickets €20pp Booking: themallartscentre.com
Venue: St. Mary's Collegiate Church



22nd JUNE

"A Million Dreams" (3pm & 7pm)

Presented by High Spirits Junior Dance & Drama Club.
A musical tribute to "The Greatest Showman".
Tickets €12/€8 Available at "Read & Write"
Venue: Youghal Community Centre



Youghal Céilí (2pm-5pm)

Traditional Céilí and Set Dancing. Live Music by
Donie Nolan & Taylor's Cross Band. Join in the
fun and learn to Irish dance! All welcome!
Venue: The Mall Arts Centre

FREE
EVENT



Tenor Frank Ryan & Soprano Caroline Fraher in Concert (6pm)

Relax before the big race with an evening of pure entertainment!
Tickets €10pp Booking: themallartscentre.com
Venue: St. Mary's Collegiate Church



22nd & 23rd JUNE

Circus Performances by "Passe Partout" Street Theatre (12noon-6 pm)

Stilt walkers, unicycles & jugglers
Venue: Nealon's Quay Car Park

FREE
EVENT



"Hogwarts Museum - Welcomes You Home" (23rd Only) (11am-7pm)

Inspired by the wizarding world of Harry Potter step into
the magical world of Hogwarts Museum
Venue: The Mall, Youghal (directly opposite Town Hall)

FREE
EVENT



Interactive Balloon Sculpture & Magic with Victor! (2pm-6pm)

Venue: Nealon's Quay Car Park

FREE
EVENT



Gerard Kearney-Magician (23rd Only) (1pm-4pm)

Mesmerising Magic interactive small group magic.
Venue: Nealon's Quay Car Park

FREE
EVENT



continued overleaf

Face Painting/Hair Braiding (12noon-6pm)

Butterflies, Ninjas, Corn rows, you name, we braid it,
we paint it!
Venue: Nealon's Quay Car Park

FREE
EVENT



Samba Bands (2pm-3pm)

Drums & Whistles from Adult and Youth Samba Bands
Venue: Nealon's Quay Car Park

FREE
EVENT



Perks Entertainment (all day)

Vintage, family friendly amusements
Venue: Nealon's Quay Car Park

ARTISAN FOOD VILLAGES

Savour some of Cork's finest food producers at:

Front Strand Car Park

Saturday 22nd June (8am-6pm) Sunday 23rd June (5am-7pm)

Bun Scoil Mhuire

Friday 21st June (11am-7pm) Saturday 22nd June (11am-7pm)
Sunday 23rd June (10am-10pm approx)

Barry's Lane

Friday 21st June (11am-7pm) Saturday 22nd June (11am-7pm)
Sunday 23rd June (10am-10pm approx)

CRAFT FAIR

Featuring artists, designers & craftspeople from Cork
Craft & Design + Blackwater Valley Artists

Friday 21st June (11am-7pm) Saturday 22nd June (11am-7pm)
Sunday 23rd June (11am-7pm)

Venue: The Mall Arts Centre

Please note: Activities, dates and times are correct at time of going to print.
Amendments may occur during the course of IRONMAN Cork 2019

Useful Contacts

Emergency Numbers

Gardaí: 00353 (0)24 92200
Ambulance Service: 999
Cork University Hospital:
00353 (0)21 4922000
South Doc: 1580 335 999

Tourist & General Information:

Youghal Tourist Office:
00353 (0)24 20170
Cork County Council Office,
Mall House, Youghal:
00353 (0)24 92926

Route & Access Queries

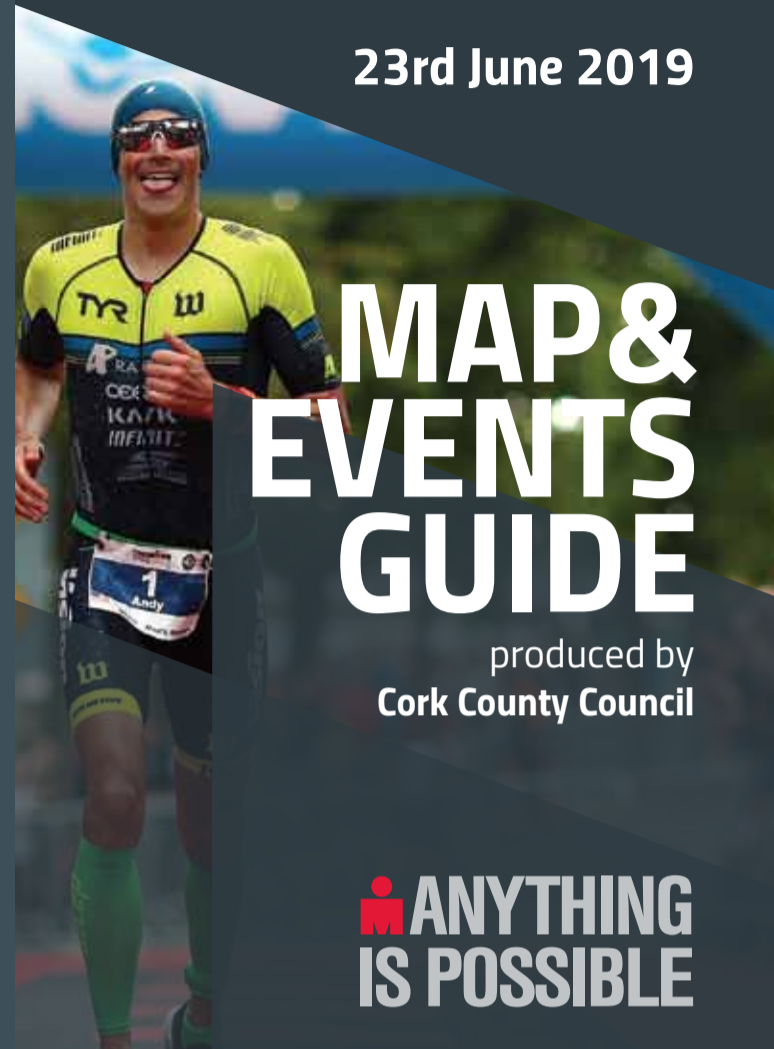
Ironman Ireland Team:
0035385 1112031
E: cork@ironmanroadaccess.com

Tourism & Local Services websites:

www.youghal.ie www.eastcork.ie
www.purecork.ie www.ringofcork.ie

**YOUGHAL
WELCOMES
IRONMAN**
IRELAND CORK

23rd June 2019



**MAP &
EVENTS
GUIDE**

produced by
Cork County Council

**ANYTHING
IS POSSIBLE**

Welcome to Ireland's first full IRONMAN



Cork County Council is delighted to have joined
forces with IRONMAN in bringing this incredible
sporting spectacle to Cork.

County Cork will feature centre stage at this event, with the
historic town of Youghal at the heart of the action for this most
prestigious sporting competition. We have no doubt that you
the athletes, your friends and the many thousands of spectators
will enjoy our famous East Cork "Céad Míle Fáilte" welcome.

Cork County Council is delighted to work with the local
community to deliver a programme of family entertainment
over the course of your stay with us. This will include a number
of early evening concerts in our 13th Century Medieval Church,
an 'Irish Ceili'(dance), artisan food & craft villages, street
performances and much more.

Cork County Council along with the emergency services, local
businesses and communities have come together in the spirit
exemplified by IRONMAN to ensure that we do all we can to
make this event an outstanding experience for all involved this
June and for the next three years.

Finally, we wish each one of the event competitors the best of
luck in completing a safe, successful and enjoyable IRONMAN
Cork 2019.

Cllr. Christopher O'Sullivan
Mayor of the County of Cork.

Tim Lucey
C.E.O. Cork County Council.



Park and Ride Service

A Park and Ride Service will operate on Saturday &
Sunday, at Ironman Ireland, Cork 2019 as follows:

SATURDAY 22nd JUNE

| | |
|--------------------|---|
| Parking: | Youghal Rugby Club, Parkmountain Youghal |
| Cost: | €5 per day per car |
| Car Park Hours: | 8am-7.30pm |
| Shuttle Bus Hours: | 9am-7pm |
| Route: | Circular route, stopping at Lighthouse Hill & transition, before returning to rugby club |

SUNDAY 23rd JUNE

| | |
|--------------------|---|
| Parking: | Youghal Rugby Club, Parkmountain, Youghal |
| Cost: | €5 per day per car |
| Car Park Hours: | 4am (23rd) -1.30am (24th) |
| Route 1 | |
| Route: | Rugby Club to Summerfield Cross (within 400m of transition) |
| Shuttle Bus Hours: | 5am-7am |
| Route 2 | |
| Route: | Rugby Club to Lower Cork Hill |
| Shuttle Bus Hours: | 7am-5pm |
| Route 3 | |
| Route: | Circular route, stopping at Lighthouse Hill & transition, before returning to rugby club |
| Shuttle Bus Hours: | 5pm (23rd) -1am (24th) |

SUNDAY 23rd JUNE - ATHLETES ONLY

| | |
|---|--|
| Parking: | Ballyvergan, Youghal |
| Cost: | Free |
| Car Park Hours: | 4.30am-5.30am |
| No shuttle buses from this car park. | |
| Route: | 10-minute walk to the swim start & transition area. |
| Athletes: No cars accepted after 5.30am at Ballyvergan Car Park Wristbands will be checked. | |
| Spectators: 3 bus routes will operate at various times on Sunday 23rd June. | |
| Payment of €5 per car per day; buses free. | |
| Please note: Well behaved dogs are accepted on the buses. Bikes are not permitted on the buses. | |

Athlete Event Schedule

THURSDAY 20th JUNE

| Time | Activity | Location |
|-------|--|------------|
| 2-7pm | Athlete Registration | Green Park |
| 2-7pm | Expo & Official Ironman Merchandise Store | Green Park |

FRIDAY 21st JUNE

| Time | Activity | Location |
|----------|--|----------------------|
| 9-6pm | Athlete Registration | Green Park |
| 9-8.30pm | Expo & Official Ironman Merchandise Store | Green Park |
| 1-2pm | Athlete Briefing | Walter Raleigh Hotel |
| 5pm | Welcome Banquet & Briefing | Walter Raleigh Hotel |

SATURDAY 22nd JUNE

| Time | Activity | Location |
|------------|--|----------------------|
| 8-12noon | Athlete Registration | Green Park |
| 8-4pm | Transition Open - bike and bag racking | Claycastle Car Park |
| 9-7pm | Expo & Official Ironman Merchandise Store | Green Park |
| 10-11am | Athlete briefing | Walter Raleigh Hotel |
| 12noon-1pm | Athlete briefing | Walter Raleigh Hotel |
| 2-3pm | Pro Athlete briefing | Walter Raleigh Hotel |
| 4-5pm | Athlete briefing | Walter Raleigh Hotel |

SUNDAY 23rd JUNE

| Time | Activity | Location |
|----------------|---|---------------------|
| 4-5.30am | Athlete Car park opens | Ballyvergan |
| 5-7am | Shuttle Buses run from spectator car park to transition | Youghal Rugby Club |
| 5-6am | Transition Open | Claycastle Car Park |
| 5.50am-6.25am | Swim Start Assembly | Claycastle Beach |
| 6.30am | Ironman Ireland, Cork Pro Start | |
| 6.35am | Ironman Ireland, Cork Age Group Start | |
| 9-6pm | Official Ironman Merchandise Store | Green Park |
| 5.30pm-12.30am | Transition Open for bike & bag collection (No bikes to be left overnight) | Claycastle Car Park |
| 5.30pm-12.30am | Shuttle buses from town centre to transition and car park | |

MONDAY 24th JUNE

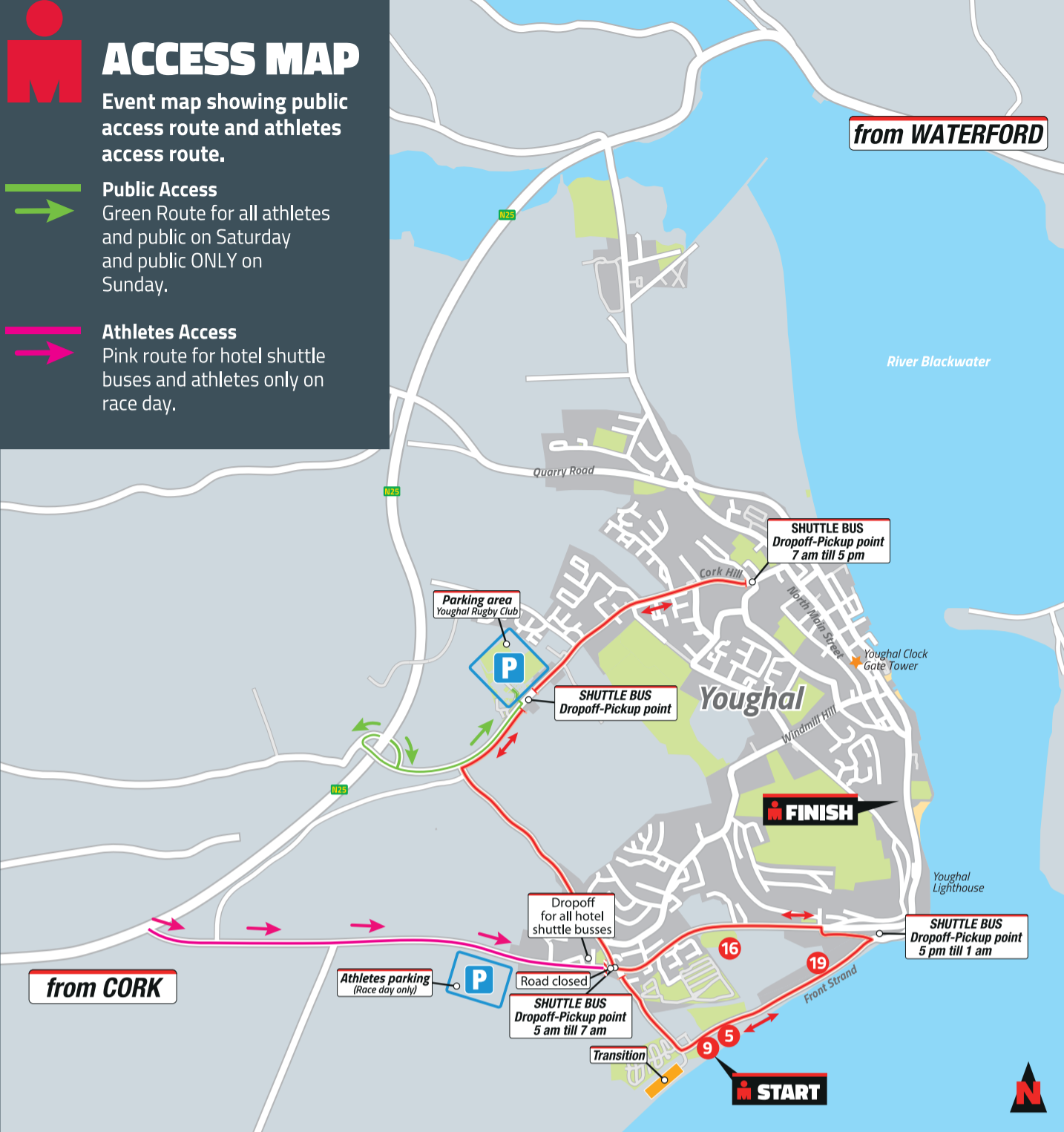
| Time | Activity | Location |
|--------|---|----------------------|
| 8.30am | Qualifier Results Posted | |
| 9-2pm | Official Ironman Merchandise Store | Green Park |
| 11-1pm | Kona Slot Allocation & Awards Ceremony | Walter Raleigh Hotel |

ACCESS MAP

Event map showing public access route and athletes access route.

Public Access
Green Route for all athletes and public on Saturday and public ONLY on Sunday.

Athletes Access
Pink route for hotel shuttle buses and athletes only on race day.

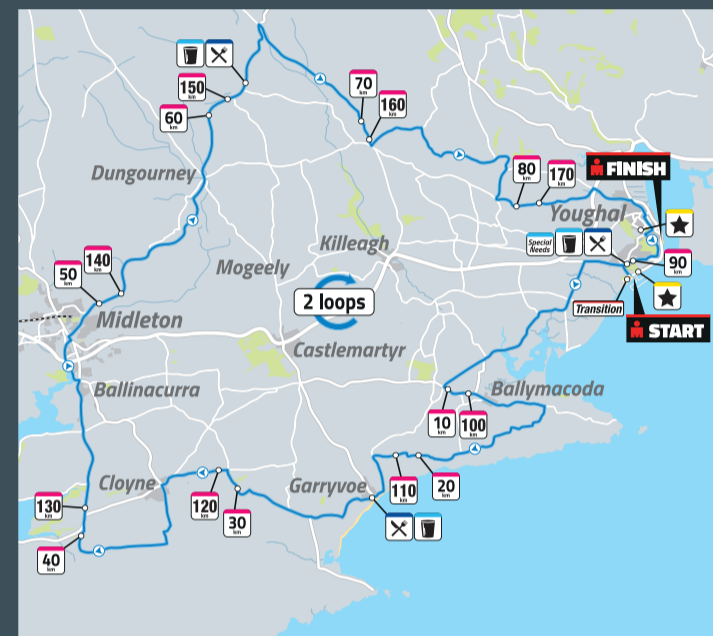


RACE ROUTE

SWIM
3.8km (2.4-mile) 2-loops



CYCLE
180km (112 Mile) 2-loops



RUN
42.2km (26.2-mile) 4-loops



EVENTS ATTRACTIONS & FACILITIES MAP

VISITOR ATTRACTIONS

1. Youghal Clock Gate Tower
2. Tyntes Castle
3. St. Mary's Collegiate Church
4. 13th Century Town Walls
5. Youghal Eco-Boardwalk/Beach* (Spectator Hotspot)
6. Windmill Hill (Spectator Hotspot)
7. Lighthouse Hill
8. Finish Line (Spectator Hotspot)
9. Swim Start*

PUBLIC TOILETS

10. Fairfield Car Park
11. Nealon's Quay Car Park
12. The Devonshire Arms

VISITOR INFORMATION

13. Youghal Tourist Office
14. Cork County Council Offices

COMPETITOR AID STATIONS:

15. Dolphins Square
16. Youghal Greyhound Track*

FOOD VILLAGES:

17. Barry's Lane
18. Bunscoil Mhuire
19. Beach Car Park*

CONCERTS/CEILI MOR

20. St. Mary's Collegiate Church
21. The Mall Arts Centre

*See Access Map above for location

